

## × BELLBIRD RECIPES ×

# Rainbow Rice

### Ingredients

Dry Rice  
Liquid Paint  
A bowl or bag  
Tray

### Method

1. Divide the rice into a bowl, use one colour paint per bowl.
2. Squeeze a large dollop of paint and simply squish the rice around until evenly combined.
3. Spread onto tray. Leave to dry. Enjoy the sensory experience.  
*Note: to make the rice smell wonderful add a few drops of essential oil.*



151019 Craft Rice



112033U EC Liquicr 2L  
- Set of 12